



U.S. MARTIAL ARTS



Counting 1-2

1	Hana	11	Yur-Hana
2	Dool	12	Yur-Dool
3	Set	13	Yur-Set
4	Net	14	Yur-Net
5	Ta Sut	15	Yur-Ta Sut
6	Ya Sut	16	Yur- Ya Sut
7	IL Gope	17	Yur- IL Gope
8	Yo Dur	18	Yur- Yo Dur
9	Ah Hope	19	Yur- Ah Hope
10	Yur	20	Sa Mur

Terminology

School	Do Jang	Salute Flag	Koo Key A Pay
Uniform	Do Bok	Bow	Kyun Yea
Color Belt	Gup	Instructor	Sa Bum Nim
Black Belt	Dan	Master Instructor	Kwan Jang Nim
Sparring	Gyoroogi	Sit Down	On Jo
Turn Around	Dweo Torah	Stand Up	Ehro Set
Thank You	Kahn Sahm Nida	Turn Around	Dweo Torah

Etiquette

Respect our House of Discipline
No Jewelry in class
Never say "I Can't"
No profanity in the Do Jang
No horseplay
Bow when entering the training floor
Bow when leaving the training floor
Do not climb equipment

Do Your Best Everyday
No gum or food on the training floor
No street shoes on the floor
Sir and Ma'am in class
Treat everyone with respect
Mr. or Ms. To all Black Belts
Positive Attitudes only
Have FUN in class :-)